

RoSIS PSHE Scheme of work overview

Term/Year Group	Y1	Y2	Y3	Y4	Y5	Y6
1.1	The caring school and feelings and friendships	The caring school	The caring school and feelings, friends and friendships	The caring school and feelings, friends and friendships	The caring school and bullying, pressure and risks	The caring school and growing up
1.2	Special people and anti-bullying	Feelings and relationships	Relationships, loss and separation	Respecting the difference between people	Me and my relationships	Emotions and transition to secondary school
2.1	Healthy eating and hygiene	Healthy lifestyles	Choices, emotions and difference	My healthy body	Healthy lifestyles	Growing up and responsibilities
2.2	Physical health and well-being	Growing and changing	My healthy body, taking responsibility for my healthy lifestyle	Caring for my body		
3.1	Growing and changing	Keeping myself safe	Keeping myself safe	Keeping myself safe	Growing up – relationships and responsibilities of puberty	Rollercoaster: the ups and downs of puberty
3.2	Keeping myself safe	The world of drugs	The world of drugs	The world of drugs	The world of drugs	The world of drugs and keeping safe online
3.3	The world of drugs					